

ENLIGHTENMENT WITHOUT RELIGION

What is enlightenment?

In the religious context enlightenment is considered as a spiritual revelation that can bring deep insight into the meaning and purpose of the existence of all things in the cosmos, and thus a way to arrive at the understanding of the mind of God, who is assumed to be the creator of all. It is believed that this profound spiritual understanding can be achieved when man has reached a higher level of consciousness above the mundane consciousness of being entrapped in the world through sensory perceptions. This higher consciousness is proposed as the way to understand the unity of all things and feel one with all existing beings. This heightened perception of the nature of the reality generates compassion for all living and non-living beings. With it the mode of communication with the world change from the perception of life as a field of struggle, competition and suffering to viewing all as the part of the Self.

Though talk about enlightenment usually appears in religious context as a spiritual path, it can also be understood in a non-religious way as the path to understand the complexity of the existence of the living and the non-living worlds entangled together in the cosmos and attain a full comprehension of the existential situation which is dependent on the existence of all.

Who is an enlightened man?

An enlightened person is aware of the progressive evolution of the consciousness tied between freedom and constraints existing in the environments, in which human life proceeds. By achieving enlightenment he/she may not enter into a blissful state of happiness while transcending all challenges of survival. It is a way to achieve a more comprehensive understanding of the working of the mind and brain and gain deeper insight into the nature of the consciousness and its evolution with changing circumstances of life. An enlightened person makes journeys in all realms of consciousness, without being attached to one particular sentiment

by knowing the necessity of all forms of consciousness, which follows our evolution. It is bound to the state of existence, which has evolved from non-living matter and are destined by the laws of nature as well as the dynamics of survival and evolution of the species. An enlightened person does not distance himself/herself from the less evolved mind, and refrains from clinging to the state of the mind in search of happiness and bliss. For an enlightened mind there exists no suffering or happiness. Only an awareness of the complexity, wonder of the cosmos, in which mind is moving and taking parts in the events of things, suffuse his/her emotions. Knowing that nothing can escape the churning of the cosmos and the dynamics of life and death, by which things regenerate from the cessation of things, enlightened being does not profess cessation of the events and route of escape from the cycle of life and death. Instead, for him/her the way the cosmos works, as a wheel of life and death, is the only way through which one must grasp the meaning of life as a perpetual drama of coming and going life after life. By remaining tranquil, without being moved by the events, which the challenges of survival and evolution may bring, and remaining unperturbed by the ecstasy of happiness, which successes and achievements may tempt, the enlightened mind seeks arena of consciousness that cannot be penetrated by mundane suffering or joy. He/she knows the journey is long, and man exists in the cosmos as a bearer of the task which may bring mankind to a higher evolutionary path.

Compassion is a way to engage oneself in this process that can bring mankind from one realm of consciousness to its next stage. Knowing the circumstances of life, which may have deprived a human being of freedom from the instinct-bound state, the enlightened being seeks to change the conditions of life, which may make others free. An enlightened being brings the messages of the higher worlds to those who are bound in the primitive level while bearing compassion and love for all. When he/she enters the realm of the creative man, he teaches them how to overcome the prejudices and views, which may bind man into actions beneficial to groups, cultures and races. Instead he/she promotes the view of creating conditions of reality from which the mankind may benefit universally. He/she asks the scientific man not to serve any nation or group, who may abuse knowledge and innovations to the advantage of dominating and suppressing other nations and groups. Instead he/she appeals to them to make his or her knowledge and innovation available to all in order to free mankind and thus contribute to the higher evolution of man. Enlightened man acts in love for mankind instead of serving powers which may bind others in

chains.

An enlightened man is also a spiritual man in the sense that he/she does not demark the limits of knowledge only to the sphere which can be grasped and understood by scientific knowledge alone. The enlightened being is aware of the possibilities which parts of our brain may indicate. He/she knows about the evolutionary journey in which all life are embarked on. By accepting the limitations of methods bound to the perceptual world which remains in the causal bondages in time and space, he/she professes the need to heed to ourselves through the brain about the nature of the world which points to a realm beyond time and space. By listening to the inner self one can bring the journey of the evolution of mind to a higher ground where cosmos has kept open a store of wonder for us.

However, no man or woman can be enlightened in the fullest way before all mysteries of the universe are fully grasped, and one is able to realize oneself as the universe itself. Though this journey has no end, the enlightenment can be achieved in comparison to the ignorance in which man may live. One talks about Buddhahood, which is the end station of such a journey.

Such idea of Buddhahood is synonymous with the cosmos itself in all its infinite complexities, which is beyond the capacity of the brain to grasp. So an idea to attain such a state is an illusion for any existing being. Buddhists have concepts of Bodhisattvas, who are embodiment of the highest consciousness achievable in the mortal sphere.

The journey of enlightenment is a journey to achieve the state of the “Higher-man”, who can teach and guide the unenlightened beings about the higher paths.

Why should one seek enlightenment?

Enlightenment is a progressive process to realize one`s potential as a human being. Every human being has the potential to realize oneself in greater and greater arena outside the bondage of the nature and the instincts by expanding and making use of the higher capacities of the brain.

By freeing oneself from the instinct-bound level one can realize the creative potential, by which one can overcome the slavery of the forces which control the life. Thus one can create foundation of one`s own life in a way which is not controlled by external forces alone. Similarly, through creative activities and power of imagination and intelligence, one can bind mankind together as a unity, and make voyages in the realms of the universal man with richer and richer shores to experience and explore. This is a sphere where through music and arts, for example, one may communicate about the invisible worlds of the mind. Those, who aspire for a higher state, can enter the cosmic arena through scientific reasoning and make a voyage into a space and time billions and billions of light years across. Those, who endeavor to explore realms beyond the confines of time and space, may explore the aspects of the temporal lobe and thus connect to one`s own nature as a part of a cosmic mystery that can never be fully grasped.

By seeking such progressive enlightenment one can help the specie to which we belong, to attain a greater realization of its potential as a cosmic creature, which may help to free mankind from the vagaries of the law-bound natural world. It is a journey towards freedom of the mind and a way of experiencing heightened emotions of love and compassion for all existing beings.

Who can achieve enlightenment?

Enlightenment is an endless journey through which the brain evolves. By making use of the different parts of the brain one prepares for the journey to be made in one`s life. According to the level of knowledge, to which one is exposed, and depending on the nature of the environment in which one is constrained to live and survive, the awareness of the reality gets defined. The level of consciousness is accordingly bound to reflect the situation of which one is a victim. One`s journey begins where one is. Every human being has the possibility and potential to undo the state where one finds oneself. However, any such effort to free oneself from the slavery of the state will bring struggle and challenges. With the help of enlightened teachers one may find ways to deal with these challenges and pave one`s way to freedom. Man can progressively advance towards higher and higher stages. One, who is bound in hunger and need, must first free oneself from the bondage which creates the conditions of such suffering. It is his/her first step to

freedom. With this freedom achieved, one can then build conditions of one's own choice and desire by using creative power of the mind. Again the enlightened teachers can be the guides. Freeing oneself from dogmas, prejudices and thoughts, and following the universal man, who embraces whole of mankind with compassion and love, one should move in the path towards enlightenment. Thus the journey can proceed towards higher and higher realms with the help of the guide. Every human being has the possibility to transcend to a higher level of consciousness, which means partially freeing oneself from the conditions of bondage to the world where one may feel confined. Enlightenment is a journey and a process, not a final destination where one may arrive at and can be finally free from the challenges which every creature must face in the cosmic drama. It can be achieved as a stepwise movement from one realm of consciousness to the other. No one can achieve enlightenment in its fullest sense, but everybody can make a journey towards more freedom. How far one arrives towards the goal depends on the willingness of the man making the journey to heed to the advice of the enlightened guide, and the circumstances of life in which one may remain bound.

Concluding message

Enlightenment is a journey in search of freedom from the bondages of the law-bound world in search of a greater dimension of existence that cannot be perceived by, or grasped by an unenlightened mind. In the final stage of the journey, man experiences the inner dynamics of the cosmos, which churns all existing beings and sustains the existence of the whole, which has no beginning and end. By elevating one's mind to listen to this orchestral symphony, one experiences the power and force which bind all as the great cosmic wonder, penetrated by a cosmic mind, which can never be grasped with human language or thoughts. Being a part of this cosmic wonder one can experience life as an abode of love for all – the living and the non-living.

So the message is: Move forward from where you are; seek freedom and strive to go beyond the conditions which bind. Know that there are greater and greater possibilities hidden within you. Listen to an enlightened guide and act to discover newer frontiers of the mind. Proceed until you hear the cosmic symphony in the inner realm of your mind, and see the frontier of the brain

where consciousness merges with the realm of super-consciousness, which impregnates everything existing in the cosmos. On the way, experience the power of an enlightened life of love and compassion for all.